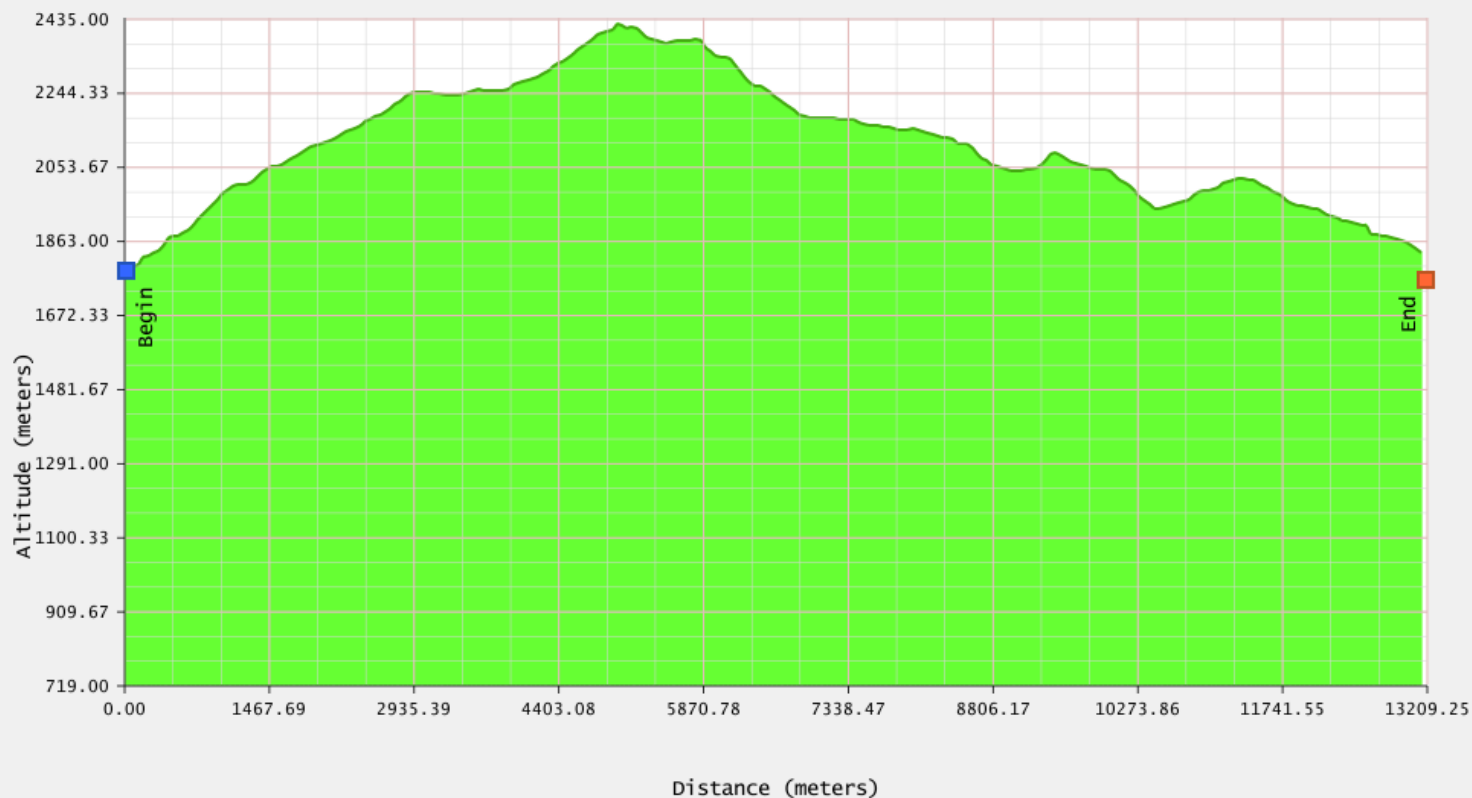


# Profile for 'Integral a Peñalara' 21-May-2005 09:47:24



Track Info	
Track recorded by	Hike
Generated	08/08/2007 at 13:33:58
Track	test\penalara.trk
wpt	test\penalara.wpt
Date & Time	
Track Date	21/05/2005
Track Start	07:47:24
Track End	17:26:16
Time Total	09:38:52
Time Moving	02:50:49
Time Stopped	06:48:03
Time Ascending	02:11:43
Time Descending	02:42:57
Time Leveling	00:11:50
Distance	
Distance (real)	14716.096 m
Distance (asc)	6244.422 m
Distance (desc)	6488.269 m
Distance (level)	716.193 m
Altitude	
Max Altitude	2425.000 m
Min Altitude	719.000 m
Avg Altitude	1572.000 m
Total Asc Altitude	859.131 m
Total Desc Altitude	822.523 m
Accumulated Altitude	36.608 m
Velocity	
Max Velocity	25.175 km/h
Avg Velocity	1.369 km/h
Avg velocity (asc)	2.844 km/h
Avg velocity (desc)	2.389 km/h
Avg velocity (level)	3.631 km/h
Slope	
Max Asc Slope	8.42° / 14.81 %
Avg Asc Slope	3.30° / 05.76 %
Max Desc Slope	71.36° / 296.53 %
Avg Desc Slope	3.89° / 06.80 %

Waypoint Table		
Lat / Lon	Alt(m)	Label
40.823710°N, 03.961840°W	1785.0	Begin
40.822944°N, 03.961200°W	1.8	Parking
40.833599°N, 03.956028°W	1.8	Zabala
40.832897°N, 03.962683°W	1.8	Dos herman
40.829145°N, 03.956609°W	1.8	Cruce refu
40.845533°N, 03.941919°W	1.8	Laguna
40.848357°N, 03.941039°W	1.8	Laguna paj
40.852495°N, 03.944480°W	1.8	Claveles
40.823220°N, 03.960910°W	720.0	End

