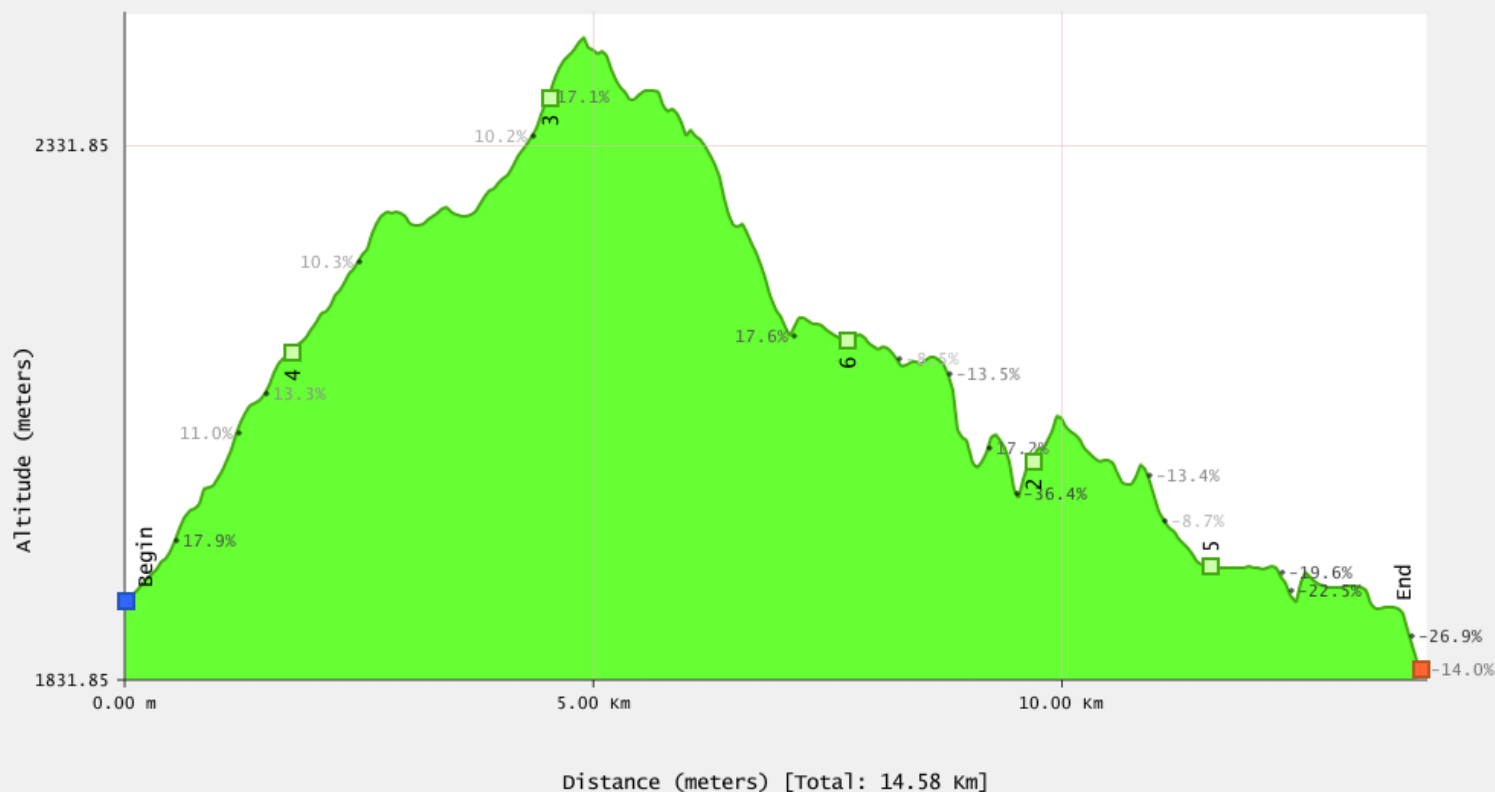


Profile for 'Sample Trekking' 26-Aug-2003 12:10:48



Track Info		
Track recorded by	Hike	
Generated	26/11/2007 at 15:00:05	
Track	examples\trekking.plt	
wpt	examples\trekking.wpt	
Date & Time		
Track Date	26/08/2003	
Track Start	10:10:48	
Track End	17:04:20	
Time Total	06:53:32	
Time Moving	03:30:46	
Time Stopped	03:22:46	
Time Ascending	02:33:16	
Time Descending	03:59:59	
Time Leveling	00:15:48	
Distance		
Distance (real)	14582.758 m	
Distance (asc)	6560.020 m	
Distance (desc)	6761.076 m	
Distance (level)	802.452 m	
Altitude		
Max Altitude	2445.715 m	
Min Altitude	1831.848 m	
Avg Altitude	2166.145 m	
Total Asc Altitude	812.580 m	
Total Desc Altitude	884.635 m	
Accumulated Altitude	-72.055 m	
Velocity		
Max Velocity	15.058 km/h	
Avg Velocity	2.017 km/h	
Avg Velocity (asc)	2.568 km/h	
Avg Velocity (desc)	1.690 km/h	
Avg Velocity (level)	3.047 km/h	
Slope		
Max Asc Slope	17.49° / 31.50 %	
Avg Asc Slope	0.00° / 00.00 %	
Max Desc Slope	19.98° / 36.36 %	
Avg Desc Slope	0.00° / 00.00 %	

Waypoint Table		
Lat / Lon	Alt(m)	Label
40.826120°N,03.957420°W	1904.4	Begin
40.842101°N,03.957901°W	1.8	Centro
40.845287°N,03.948567°W	1.8	2
40.848075°N,03.957901°W	1.8	3
40.831746°N,03.962789°W	1.8	4
40.836924°N,03.950789°W	1.8	5
40.855641°N,03.947234°W	1.8	6
40.823460°N,03.961790°W	1831.8	End

